## Type 1 diabetes

#### changing diabetes® in children



I have type 1 diabetes.
This means that my body does not make insulin, so I need to inject it.

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### What should I eat?

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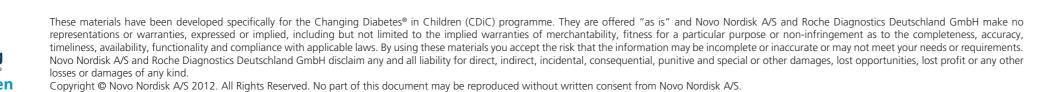








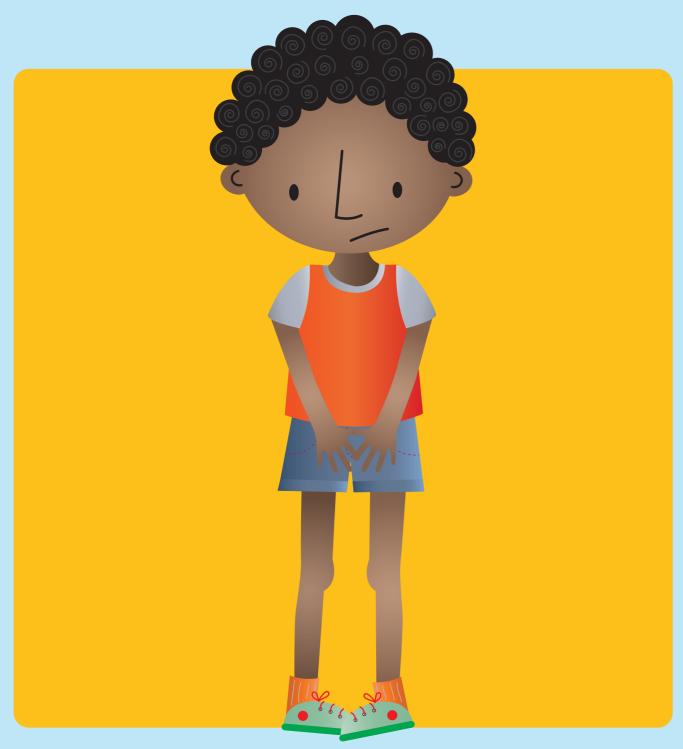




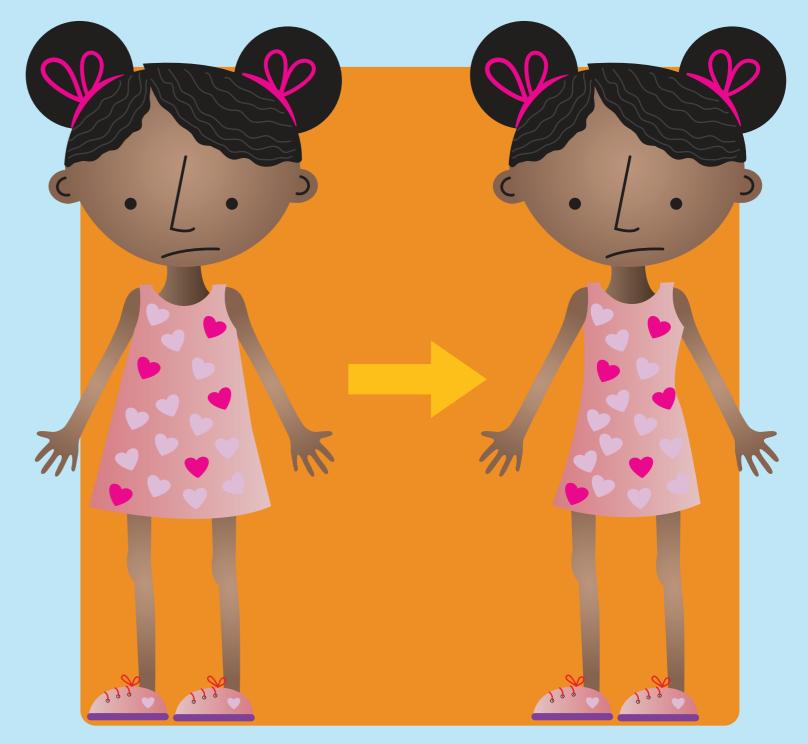
### Know the diabetes warning signs

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#### Contact a doctor or nurse if your child exhibits any of these signs



**Frequent urination** 



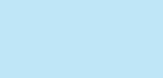
Weight loss



Lack of energy or very tired all the time



**Excessive thirst** 











## Where should I inject insulin?





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